



0800 SKIN DR (0800 754 637)



Threads Treatment Information

What are Threads?

Facial threads have been used worldwide for decades to support sagging skin but are not to be used or thought of as an alternative to the more surgically invasive face lift. They are bio absorbable and are used for the elevation of the mid face, lower face and neck area. The unique design allows for recontouring and elevating sagging skin through a minimally invasive approach.

What do Threads do?

The threads correct weakening of the facial structure by adding support to the skin and underlying tissue. Threads also enable the skin and subcutaneous tissue to be subtly repositioned slightly higher on the facial surface giving a more rejuvenated appearance, reducing facial sagging and recreating the contours that are the feature of the juvenile face. Although the result is not permanent, they create a long-term support to the skin and underlying soft tissue in the area, stimulating collagen production and improving the texture and tone of the skin. They can last up to two years. More threads may be added in later years.

What to expect during the procedure?

Your face will be marked out with a pen and you will have local anaesthetic injected into the areas where your threads are to be inserted. A tiny puncture hole is made, and a small blunt hollow tube is slid under the skin to place the thread. The placement of the threads is extremely important to ensure the correct amount of elevation for the individual's facial structure. Once the threads have been positioned through the tiny puncture sites, they are then gently tightened and secured to the facial tissue and skin. Minimal dressing on the entry point is applied. This procedure usually takes approximately 30-60 minutes, depending on the number of threads used. As the threads are very fine, they are vulnerable for the first few days until the body develops fibrosis, which then strengthens and holds the facial tissue surrounding the thread into its new position.

Who should not have Threads?

You should not have treatment if you are pregnant or breast-feeding, have certain autoimmune or medical conditions, have active skin connective tissue disorders in the area, have very thin skin or low volume of facial fat pads, are under the age of 30, or are currently physically unwell.

Are there any possible side effects?

You may experience skin redness, swelling, discomfort, bruising, haematoma, pulling or tightness, puckering/dimpling of the skin, scarring including keloid scar formation, asymmetry, bleeding, infection, numbness, thread extrusion, altered skin sensation such as intermittent sharp tingles, hypersensitivity to polydioxanone (reaction to thread material), shortened effect of the expected duration of correction, thread breakage. Most side effects settle within 2-4 weeks, however rarely these effects can be longer lasting-

What should I do after my treatment?

You are required to keep the area dry for a 24-hour period. It is important to avoid any vigorous activity, exercise, sauna/spa, heavy lifting, bending and alcohol for a week after treatment. Avoid excessive facial movements in the first week after treatment, so be careful with yawning, laughing, smiling and chewing. You may take Paracetamol or Panadeine as required and as directed by your doctor for any pain or discomfort post procedure. Try and keep the area as clean as possible and free from chemical irritants. A mineral foundation may be worn to camouflage any bruising after 24 hours. Avoid facial massage, any facial cosmetic procedures and dental treatments for at least 4 weeks post procedure. In most cases, bruising, and swelling is mild; this can take up to 2 weeks to resolve.

If you have further questions, please feel free to contact the clinic on:

0800 SKIN DR (0800 754 637)

or Emergency After Clinic Hours:

Patient's Initials

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