



# SKIN INSTITUTE



0800 SKIN DR (0800 754 637)

## Sunekos Treatment information sheet

### What is Sunekos?

Sunekos is made up of **Hyaluronic Acid (HA)** and **Amino Acids**. It is the only proven and patented bio-regeneration injectable treatment with the precise mixture of HA amino acids. This combination will both rehydrate the skin and stimulate the of different types of collagens as well as elastin and fibronectin which can tighten and improve elasticity and ageing discoloration of the skin.

### What is it used for?

It has been shown to increase firmness of the skin, decrease fine lines and wrinkles, deeply hydrate and moisturise and improve skin brightness and texture. Areas that can be treated is the face, under eyes, neck, décolletage, and back of hands.

As Sunekos is a true bio-regenerator and improves your own cell function, the results are continuous with maximal effect at 4-5 months after a treatment package. However, due to the natural aging process thereafter we recommend 2-3 maintenance treatments per year. Results will vary according to the individual.

### What is involved?

Treatment involves introducing the product with a small fine needle or cannula at points which are chosen to ensure safety and maximal effect of the product. Numbing cream is applied to the area before treatment for comfort. When the face is treated, the first treatment will involve injecting two products – the firmer Sunekos 1200 to prime and rehydrate the deep layers of the skin and Sunekos Performa to simulate production of elastin and collagen. For future treatments of the face and all other areas only Sunekos Performa is used.

### Who should not have Sunekos?

Those previously allergic to hyaluron; anaphylaxis reaction to bee stings, pregnant or breast-feeding; have permanent fillers or facial implants; unwell with a cold, sinusitis or facial infection; prior keloid scarring, planned dental treatment in a month or flying overseas in under four days. It is best avoided if you have had a recent vaccination. Caution is needed in those with autoimmune disorders.

### What about combining with other cosmetic treatments?

We advise no Botulinum Toxin in the treatment area for 2 weeks before and 1 week. No Microdermabrasion, Chemical Peel, IPL: 1–2 weeks pre or post treatment. Avoid Fractional Resurfacing 4 weeks pre and post Sunekos treatment

### What are the possible side effects?

Mild swelling, a raised lump or line, redness, itching, numbness, bruising and tenderness at the injection site can occur. The lumps usually resolve over hours or a few days. Bruising is more common for those taking aspirin, anti-inflammatories, garlic, and fish oil. Bruising is not harmful, but can be embarrassing, and can be covered with makeup while fading over 1-3 weeks.

### What are the rare side effects?

Inflammation, infection, allergic reaction, and slight discoloration of the treated areas may occur. If you suffer from poor wound healing, delayed healing may occur. Allergy is unlikely as Sunekos is free from synthetic chemicals. There is a rare risk of infection which may require antibiotics. If you suffer from cold sores, please discuss with your practitioner so antivirals can be advised if necessary. It is extremely unlikely that vascular occlusion will occur due to the placement sites of the product. However, it remains a possibility that Sunekos may inadvertently enter a vessel which can cause **skin damage and scarring** unless treated by a dissolving enzyme which removes all filler. With other fillers there have been extremely rare reports of **blindness or stroke**, and this remains a possible but most unlikely risk with this treatment.

### What should I do after the treatment?

#### DO:

Keep the treated area clean and dry. Swelling can be reduced by cool packs and antihistamine medication. After 24 hours you may use concealer to disguise bruising, and arnica or Hirudoid cream to help resolve bruising.

#### DON'T:

For 24 hours: Touch the treated area, drink very hot or cold beverages whilst numb, apply creams or makeup to treated area unless prescribed by your practitioner. Do not drink alcohol.

For 2-3 days: Avoid swimming or strenuous exercise, exposure to extreme cold or hot temperatures, have a massage to the treated area, use active skin care.

**It is recommended you book a follow-up appointment two weeks after your treatment to check your result. There is no cost for this follow-up. Further treatment is usually at additional cost. If you have further questions, please contact the clinic on 0800 SKIN DR (0800 754**

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