

Appearance Medicine Menu of Services

 **SKIN INSTITUTE**
EXPERTS IN SKIN, VEINS & APPEARANCE MEDICINE



Cosmetic Consultations

Our Appearance Medicine Nurses & Doctors, and Advanced Skin Therapists will guide you through a comprehensive cosmetic consultation to understand your individual needs and desires. Sometimes only one type of treatment may be recommended, or we may suggest a combination of treatments to achieve the skin improvement you are looking for. Either way, you will know that the advice we offer you is customised just for you.

	PRICE
Appearance Medicine Nurse (30-45 mins)	\$100
Appearance Medicine Doctor (30-45 mins)	\$210
Advanced Skin Therapist (30 mins)	\$60

Consultation fee redeemable towards your first treatment or used towards any product purchase in clinic. Excludes consults with Doctors.

Anti-wrinkle Injectables

Anti-wrinkle treatments are a quick, non-surgical option for smoothing out fine lines and wrinkles on the upper face and in other advanced areas which can be discussed during your consultation.

Injections are placed into the muscles underneath the skin to ease them into a state of relaxation. This effectively softens the appearance and reveals a fresh and natural looking you.

NURSE	PRICED FROM
Botox® or Xeomin®	\$19.50 per unit
DOCTOR	PRICED FROM
Botox® or Xeomin®	\$25.00 per unit

Hyperhidrosis (excessive sweating)

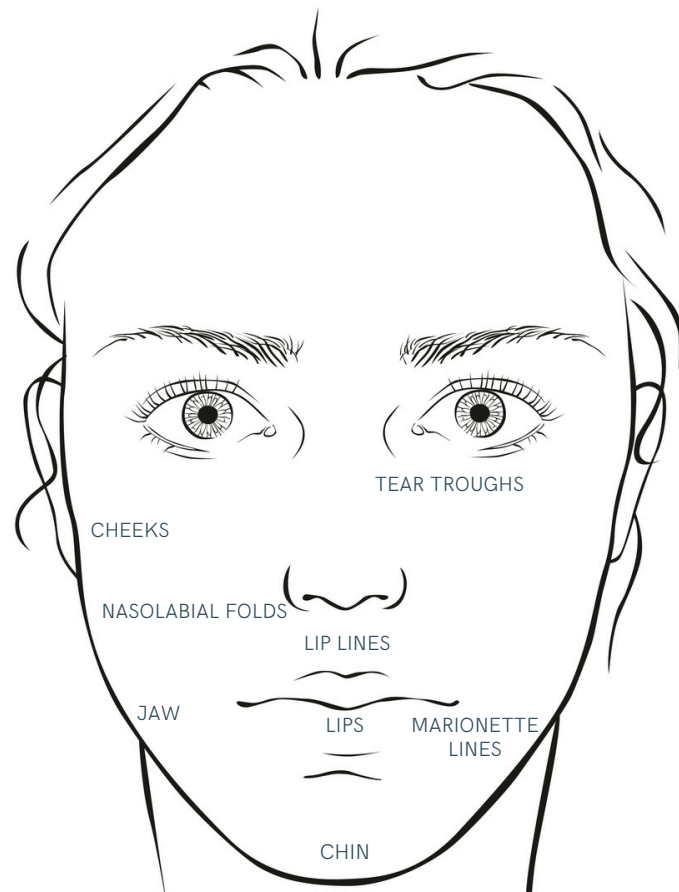
NURSE	PRICED FROM
Botox®	100 units from \$1,350
DOCTOR	PRICED FROM
Botox®	100 units from \$1,900

Dermal Fillers

Dermal fillers are gently injected to restore volume and redefine contours. They are an effective procedure which utilises naturally occurring hyaluronic acid to volumise, plump and redefine your natural facial features.

	NURSE PRICE FROM	DOCTOR PRICE FROM
Lips (0.6ml)	\$700	\$800
Lips (1ml)	\$825	\$950
Lip lines (0.6ml)	\$700	\$800
Lip lines (1ml)	\$825	\$950
Cheek enhancement (1ml)	\$825	\$950
Marionette lines (1ml)	\$825	\$950
Nasolabial folds (1ml)	\$825	\$950
Jaw line (1ml)	\$930	\$1060
Chin (1ml)	\$930	\$1060
Tear troughs (1ml)	\$825	\$950
Temples (1ml)	\$825	\$950
Earlobes (0.6ml)	\$700	\$800
Hyalase	\$400	\$550

(Dissolving of unwanted dermal filler)



Dermal Filler pricing is provided as an estimate only, each individual customer may require a different prescribed dosage to achieve the best results. Filler products used vary between clinics. Individual results will vary.

Profhilo®

Profhilo® is used to treat skin laxity and helps refresh the face and neck. It hydrates the skin and has a stimulatory effect on the cells producing collagen and elastin to help tighten and lift the skin, improving skin quality giving a more youthful look.

	NURSE	DOCTOR
Face (2 treatments)	\$1,600	\$1,995
Neck (2 treatments)	\$1,600	\$1,995
Hands (3 treatments)	\$2,400	\$2,995
Decolletage (3 treatments)	\$2,400	\$2,995
Face additional treatment	\$900	\$1,100
Neck additional treatment	\$900	\$1,100

Profhilo® Structura

Profhilo® Structura is the first product on the market that exclusively targets superficial fat cells. The unique properties work to stimulate dormant fat cells, encouraging them to "wake up" and resume producing vital skin signals. Essentially, these fat cells begin to behave as they did in their younger years, resulting in visibly lifted skin, enhanced jawline contour, and reduced nasolabial heaviness.

	NURSE	DOCTOR
Face (2 treatments)	\$900	\$990

Sunekos®

Made up of hyaluronic acid and amino acids and with no lookalikes, Sunekos® is the only proven and patent bio-regeneration injectable treatment with the precise mixture that triggers collagen and elastin stimulation improving the signs of ageing, quality, and appearance of skin.

	NURSE	DOCTOR
Full Face - Course of 3	\$1,990	\$2,200
Neck Only - Course of 3	\$1,750	\$1,960

Belkyra®

Belkyra® is an FDA-approved injectable treatment that destroys fat cells in the area under the chin to improve your profile. Belkyra® contains a synthetic version of deoxycholic acid which imitates naturally occurring deoxycholic acid.

	NURSE	DOCTOR
Two initial treatments	\$2,995	\$3,995
Additional treatments	from \$750	from \$1,000

Thread Lift

Available at Skin Institute Takapuna, Ponsonby & Remuera only. A minimally invasive procedure that uses dissolving threads to tighten and restore lost elasticity, improve skin tone and contour the face to help achieve a more youthful appearance.

	DOCTOR
4 Mint Lifting Threads	from \$1,600
8 Mint Lifting Threads	from \$2,880
12 Mint Lifting Threads	from \$4,080
16 Mint Lifting Threads	from \$5,120

LED Light Therapy

Available as an add-on to any treatment, but particularly recommended with a peel, LED Light Therapy repairs, rejuvenates and strengthens your skin.

It stimulates collagen production, helps to clear problematic skin and reduces inflammation which works great as a complementary treatment that helps promote post-treatment recovery.

	PRICE
LED Light Therapy	\$85

Medical Grade Peels

PCA Sensi Peel

Improves skin tone and texture, such as for those with rosacea, while brightening the skin. Suitable for all patients, including those with sensitive skin.

PCA Perfecting Peel

Improves discolouration, acne, pigmentation and signs of ageing. Suitable for all patients, including those with sensitive skin.

PCA Pigment Peel

Improves the visibility of all types of visible hyperpigmentation and sun damage. Suitable for all skin types.

PCA 6% Retinol Peel

Improves fine lines and signs of ageing. The most suitable candidates for this more active retinoid treatment are those with normal to resilient skin.

		PRICE
PCA Sensi Peel	40mins	\$180
PCA Perfecting Peel	40mins	\$180
PCA Pigment Peel	40mins	\$220
PCA 6% Retinol Peel	40mins	\$320

Dermal Needling with Dermapen® 4 + Advanced Skin Peel

Dermal needling addresses a myriad of skin issues ranging from fine lines and wrinkles to hyperpigmentation, scarring, enlarged pores and acne. Dermapen® 4 is the ultimate in advanced and innovative micro-needling and is the most widely used micro-needling system worldwide.

ÜBER PRO or ÜBER MD peels are applied after dermal needling to enhance the overall result.

	PRICE
Face & Neck	\$370
Face & Neck and Decolletage add on	\$490
Face & Neck and MG Glide add on	\$430
Face & Neck and ÜBER PRO or MD Peel add on	\$425

Course of 3

Face & Neck	\$945
Face & Neck and Decolletage	\$1,230
Face & Neck and ÜBER PRO or MD Peel	\$1,020

Scar Reduction

Small spot area	\$260
Medium spot area	\$380
Large spot area	\$520

Scar Reduction

IPL for Pigmentation, Redness & Skin Rejuvenation

IPL is a light based procedure that is excellent for treating brown pigmentation caused by sun damage, age spots, broken capillaries and rosacea. It is also used to stimulate collagen to improve fine lines and wrinkles.

	PRICE
Eyes Down (including cheeks)	\$300
Full Face or Decolletage	\$395
Cheeks, Hands or Neck	\$195
Nose area (1-3 spots)	\$100
Full Face or Decolletage - Course of 3	\$1,065
Eyes Down (including Cheeks) - Course of 3	\$810
Cheeks, Hands or Neck - Course of 3	\$525

Laser Genesis™ for Skin Rejuvenation

Laser Genesis™ is an advanced treatment for the face, neck, hands and other areas of the body with noticeable signs of ageing, sun damage or scarring. You'll immediately notice smoother, brighter, more youthful-looking skin with even tone after just one treatment. However, a series of treatments gives the best results.

	PRICE
Full Face	\$300
Eyes Down or Neck	\$180
Face, Neck & Decolletage	\$400
Hands	\$150
Add on treatment:	
Small area	\$80
Full Face - Course of 3	\$810
Eyes Down or Neck - Course of 3	\$485
Face, Neck & Decolletage - Course of 3	\$1,080

Laser for Fine Veins with Nd:YAG

The procedure uses Nd:YAG laser energy which is targeted to the vein area. Because the laser is focused, it does not affect the surrounding skin, tissues or veins. The laser will then seal the fine veins. In the following weeks, the treated vein is reabsorbed into the body and disappears. More than one treatment may be required.

	PRICE
1-10 pulses	\$165
11-19 pulses	\$245
20+ pulses	\$295
1-10 pulses - Course of 3	\$430
11-19 pulses - Course of 3	\$645
20+ pulses - Course of 3	\$780

Botox® is a prescription medicine for the treatment of frown lines, horizontal forehead lines and crow's feet round the eyes. Botox® has risks and benefits. Ask your doctor if Botox is right for you. If you have side effects, see your doctor. You will need to pay for Botox® and clinic fees will apply. For details on precautions & side effects consult your healthcare professional or the Consumer Medicine Information (CMI) at www.medsafe.govt.nz. Botox® treatment lasts about 4 months and further courses of treatment may be necessary. Should only be administered by trained medical professionals. (contains botulinum toxin A 50,100 & 200 units) Allergan (NZ) Limited, Auckland.

Xeomin® is a Prescription Medicine containing 50, 100 units of incobotulinum Type A, purified Botulinum toxin type A complex for injection. It is used for the treatment of frown lines on the forehead, lateral periorbital lines and horizontal forehead lines in adults. It should be administered only by trained medical professionals. Talk to your specialist about the benefits/risks of this procedure in appearance medicine. Xeomin treatment lasts about four months and further courses of treatment may be necessary. Cautions: people receiving blood thinning medicines, care at the proposed injection sites, pregnancy and lactation. Possible side effects: headache, pain, swelling or infection at injection site, local muscle weakness including drooping eye lids, lack of feeling & nausea. Treatment last for up to 4 months. You will need to pay for this medicine. Discuss with your specialist if Xeomin is right for you. For more information or for a copy of CMI please contact the NZ distributor: Merz, Sydney. Distributed by Healthcare Logistics, Auckland.

Profilo®, containing low & high molecular weight hyaluronic acid, is a Class III medical device for the treatment of the face and body for contours redefinition and laxity remodelling where skin laxity is a problem. Profilo has risks and benefits. Do not use with treatments such a laser resurfacing or medium deep skin-peeling. Caution in people on blood thinning medicines. Do not inject into inflamed areas or intravenously or intramuscularly. Possible side effects: pain and swelling at injection site. Accelagen Pty. Ltd. Whanganui.

BELKYRA® injection is a prescription medicine containing 10 mg/mL deoxycholic acid. It is used for the improvement in the appearance of moderate to severe convexity or fullness associated with fat below the jaws in adults. Do not use in people allergic to this medicine, with infection at site of injection, pregnancy, and lactation. Possible side effects include headaches, difficulty swallowing, nausea, skin tightness, hypertension, injection site bruising/ pain/ swelling/ numbness/ redness/ tingling/ hardness/ itching /discolouration /formation of small areas of hardness/warmth and injection site nerve injury. BELKYRA® treatment is not funded on the New Zealand Pharmaceutical Schedule. You will need to pay for this medicine. Normal Doctors visit fees apply. BELKYRA® treatment should be administered only by trained medical professionals. Speak to your specialist about your own situation and about the benefits/risks of this procedure in appearance medicine. For further information, the Data Sheet and Consumer Medicines Information can be accessed at www.medsafe.govt.nz or ask your doctor. If you have any side effects or concerns speak to your doctor. Note: Results from BELKYRA® treatment usually last up to 4 years. Allergan New Zealand Limited, Auckland.

Sunekos containing hyaluronic acid and amino acids is a class III medical device that modifies the structure of mature skin, restoring volume, filling wrinkles and folds in the skin and in scar sites. Sunekos has risks and benefits. Sunekos should not be used on patients: with known hypersensitivity to any of its components; presenting with a general infection, inflammation or irritation in the area to be treated; or in patients predisposed to coagulation disorders. A local reaction may rarely occur, caused by hypersensitisation phenomena, with symptoms that include oedema and sensation of burning and/or itching. These reactions normally resolve within two days. Consult your healthcare professional to see if Sunekos is right for you. For more information refer to the instructions for use. New Zealand Sponsor: AA-Med Pty Ltd Distributed by: Xytide Biotech NZ Pty LTD.



**Book online at skininstitute.co.nz or
phone 0800 SKIN DR (754 637)**

Prices are effective from 20 November 2024 and are subject to change at any time. Not all treatments are available at all clinics.